**Energy from the Phone and Good Insulation Saves You Lots of Money**

Regardless of the season, the electricity bill is one of the constant expenses which get out of your pocket hundreds of dollars. During the winter the heating system is sucking lots amounts of power, while during the cold summers you will have to turn off the air conditioning to maintain the atmosphere breathable inside the house. Both the heating and the cooling system are indispensable, so there is no point in trying to lower the electricity bill when using one of them. Other electrical appliances, such as the washing machine and the fridge are also highly useful and you could not imagine your life without them. Thus, giving them up is quite impossible as it would ruin your life and will make it harder. So, starting saving money by giving up your appliances is not a solution.

However, because the heating and cooling systems suck up lots of power, the first step you will have to take when trying to diminish the amount of money you spend on electricity is that of insulating your house properly. Any leak of air from the house means more power consumed and thus more money wasted for nothing. This is why you should try to insulate the house as good as possible. You will be amazed to see how much money you will be saving once you have properly insulated the house and there are no more leaks.

After you have done that, you can also step to the next level: that of going for an alternative source of power for the appliances in your house. This will not only diminish the bill, but it will also ensure that you will have power even when the local electrical system fails. One great alternative source for your house is the phone line. Even though you may not believe it, there is power running through the phone lines, power that you can take advantage of. You can use it for powering small electrical appliances, so that you will not add up to your electricity bill continuously. It is by far the most convenient way of getting energy and apart from the phone bill (that you pay anyway) and a system that will gather the energy from the phone, it is free! So, why not try it and see how your bill will decrease while you will enjoy the same lifestyle as before!